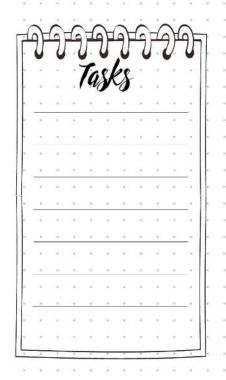
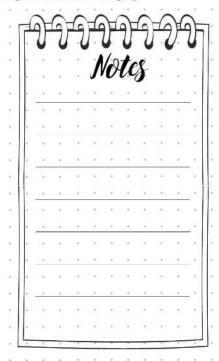


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#### THE MONTHLY LOG







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# 300+ BULLET JOURNALIDEAS

# **ACHIEVING GOALS**

- Yearly Goals
- Monthly / Weekly / Daily Goals
- By the end of the year I want to be
- Goals Tracker
- 5 Year Plan
- 90 Days Goals
- Level 10 Life
- Brainstorm
- Personal SWOT analysis
- 100 Goals Per Hour
- Life Goals
- Achievements

- 20 before 2020
- Monthly Review
- 40 before 40
- Word of the year

# PERSONAL DEVELOPMENT

- Gratitude Log
- Self Care Ideas
- Bucket List
- Skills To Learn
- Morning Routine
- Evening Routine
- Skincare Routine
- Things That Make Me Happy
- TED Talks I Love
- Favorite Quotes
   That Inspire Me
- Wishlist
- Meditation Log
- Things I Love
   About Myself
- Dream Log
- Awareness Diary
- Words To Live By
- Stress RelieveDoodling
- Random Acts of Kindness
- People Who Inspire Me
- Affirmations
- Mood Tracker
- Favorite Podcasts

- Things That MakeMe Laugh
- My Ideal Day
- Journaling Prompts
- Personality TypeSpread
- Bad Habits To Break
- Screen Time Usage
- My Miracle Morning

#### **HEALTH AND FITNESS**

- Meal Planning
- Grocery Shopping
   List
- Healthy Foods List
- Smoothie Recipes
- Healthy Recipes
- Habit Tracker
- Calories Tracker
- Healthy Snacks
- Weight Loss Tracker
- Annual Workout Log
- Workout Tracker
- Monthly Workout Challenges
- Energy Tracker
- Water Consumption
   Log
- Step Count Tracker
- Gym Class Schedule
- Sugar / Coffee / Alcohol Free Days Tracker

- Body Measurements
- Progress PicturesSpread
- Diet Plan
- Go-to Meals
- Foods To Avoid
- Sleep Tracker
- Supplements
   Tracker
- Period Tracker
- Doctor
- Appointments
- Yoga Poses to Relieve Pain
- Pain Tracker

#### **WORK RELATED**

- Project Planner
- Deadlines
- Client Meetings
- Work Schedule
- Team Building Activities
- Sick Day/Vacation
- Late to Work

Leave

- Late to work
- Work Extra Hours
- Coworkers Info
- ContinuingEducation
- Monthly Statistics
- Work Goals
- Dream Job
- HeadhunterContacts

- Skills To Improve On
- Business Plan Ideas
- ProfessionalDevelopment Plan

#### **PLANNING**

- Year Overview
- Month | Weekly |Daily Spread
- Monthly Calendar
- Monthly / Yearly
   Review
- Mind Map
- Deadlines
- Birthday Calendar
- Holiday Calendar
- Monthly To Do
- Project Planner
- Future Project List
- Brain Dump
- Master List

# **ENTERTAINMENT**

- Books I've Read
- Books To Read
- Book Review
- Summer Reading List
- Top Books This Year
- Movies To Watch
- Watched Movies
- Movies ReviewPage

- TV Show Tracker
  - TV Shows To Watch
- Concert Venue
   Schedule
- Watch Schedule
- Quotes from Favorite Books
- Song Of The Week
- My FavoriteSongs
- Playlist of the Month
- New Things To Try
- Favorite Books
- Favorite Movies
- Sports Games
   Tracker
- Award Show Predictions
- TV Show
   Premiere Dates
- FavoriteBoard/CellphoneGames
- Date Night Ideas
- Restaurants To
   Try
- Essential OilsTracker
- Monthly Local Events
- Favorite Websites

#### **HOME & FAMILY**

- Cleaning Routine
- Spring Cleaning Checklist
- Dream Home
- Chore List / Tracker
- Seasonal House Chores
- Konmari Checklist
- Freezer Inventory
- Emergency Contacts List
- House Improvement Project
- House Wish List
- Seasonal Produce List
- HouseMaintenanceTracker
- Yard Work
- AppliancesWarranty Tracker
- Spices Collection
- Big Purchase Compare Chart
- Food and Wine Pairing Cheat Sheet
- Family Contacts
- Neighbors Contact
   Information
- Spring Cleaning
   Schedule

- Summer Bucket
   List
- Family Activities
   List
- Home Maintenance
   Tracker
- Laundry Schedule
- When did I last
- Holiday Gift Ideas
- Holiday Planning
- Birthday Tracker
- Family Tree
- VehicleMaintenance

#### KIDS

- Things My Kids Say
- Kids Doctor
   Appointments
- Vaccinations
   Tracker
- Baby Name Ideas
- Baby's Firsts
- Lunchbox ideas
- School Schedule
- Allergies
- Community Events
   For Kids
- School Contact
   Information
- Bedtime Stories
- Potty Training
   Schedule
- Clothes Inventory
- Kids Chore List

- Chore RewardSystem
- Babysitters
- Kid's SportsSchedule
- Kids Movie
   Tracker
- Kids Favorites
- Bedtime Routine
   Checklist
- School Shopping
   List

#### **PETS**

- Pet Name Ideas
- New Pet Research
- Vet Appointments
- Grooming Appointments
- Pet's Favorite
   Treat
- Feeding Schedule
- Walking Log
- Training Schedule
- Potty Training
- Pet GrowthSpread
- Dog/Cat sitter

#### SCHOOL

- Class Schedule
- Semester Log
- Study Tracker
- Sleep Tracker
- Study Motivation
- Grade Tracker
- Exam Tracker
- Homework Tracker
- Study Load Tracker
- Study Plan
- Assignments
   Calendar
- Required Reading
- School Project
   Planner
- Books to Buy
- Professor Office
  - Hours
- School YearCountdown

## **FINANCES**

- Savings Tracker
- Savings Challenge
- Daily Spendings
- Tracker
- Days With Less Than 10 USD
  - Spent Tracker
- Monthly / Weekly / Daily Budget
- Investment
- Tracker
- Bills Log

- Tax Information
- Income And
   Outgoing Money
   Tracker
- Things To Sell
- Things To Save Up
   On
- Monthly Coupons
- Household Finance
   Information
- Online Discount Coupons
- Credit Card Tracker
- Subscription
   Services
- Donations

#### TRAVEL

- Places Visited
- Places To Visit
- Packing List
- Sights To See
- Food To Try
- Travel Budget
- Trip Memories
- Countdown
- Hiking Trails
- Itinerary
- Packing List
- WeekendGetaway Ideas
- Car Games Ideas
- Souvenirs For Loved Ones List

- Shopping List (to buy during the trip)
- To Prepare For The Trip
- To Finish Before The Trip
- Saving For Travel
   Tracker
- National Parks To Visit

## **PAGES ABOUT BUJO**

- Pen Swatch
- Spread Ideas
- Spreads To Have Next Month
- Dream Stationery
   List
- Working Space
   Organisation Ideas
- Washi Tape
   Swatches
- BuJo Theme Ideas
- Color Wheel
- Brush Lettering
   Practice
- Frames And Other Decorative
  - Elements
- Themed DoodlePages
- New Techniques To Try

- Headers Design
   Ideas
- Bullet Journal Icons Ideas
- Mandala Design
   Ideas
- Lettering Styles
- LetteringChallenges
- Handwriting Practice Spread
- Pen Collection
   Tracker
- Where To Get Free

**Printables** 

# HOBBIES | INTERESTS

- Hobbies To Try
- Golf
  - Scores/Courses Visited
- Local Birds and
- WildlifeFavorite
- Gardening Supplies
- Makeup Tracker
- Succulent Care
- Guide
- Tea Collection
- Fantasy Football
- Tracker
- Best Fishing Bait/Spots
- Farming Seasonal
   Tracker

- Dances To Learn
- Yarn Collection
- Collectibles
  - Tracker
- Favorite YouTube
   Channels
- Blogs To Read
   (don't forget to add here
- mashaplans.com;)
   Instagram
- Inspirational Accounts
- Bible Study
- Favorite BibleVerses
- Crafts To Try

#### **MISCELLANEOUS**

- Weather Tracker
- Nail Polish
  - Collection
- Alexa Skills
- Good Advice

  You've Been Given
- You've Been GivenSocial Media
- Tracker
- Passwords
- Things To Google
- Amazon Wish List
- Favorite Etsy

Sellers

- Snail Mail Tracker
- Online Shopping
   Tracker

- Cookbooks Wish List
- Cocktail Recipes
- Facts About Me
- Horoscopes
- Favorite Perfumes
- Capsule Wardrobe
- Tattoo Ideas
- Hair GrowthTracker
- Life Milestones