



january

february

march

april

may

june

july

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august

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september

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october

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november

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december

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THE MONTHLY LOG

Tasks

Events

Notes

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

To Do

monday

tuesday

wednesday

thursday

friday

weekend

300+ BULLET JOURNAL IDEAS

ACHIEVING GOALS

- Yearly Goals
- Monthly / Weekly / Daily Goals
- By the end of the year I want to be
- Goals Tracker
- 5 Year Plan
- 90 Days Goals
- Level 10 Life
- Brainstorm
- Personal SWOT analysis
- 100 Goals Per Hour
- Life Goals
- Achievements

- 20 before 2020
- Monthly Review
- 40 before 40
- Word of the year

PERSONAL DEVELOPMENT

- Gratitude Log
- Self Care Ideas
- Bucket List
- Skills To Learn
- Morning Routine
- Evening Routine
- Skincare Routine
- Things That Make Me Happy
- TED Talks I Love
- Favorite Quotes That Inspire Me
- Wishlist
- Meditation Log
- Things I Love About Myself
- Dream Log
- Awareness Diary
- Words To Live By
- Stress Relieve Doodling
- Random Acts of Kindness
- People Who Inspire Me
- Affirmations
- Mood Tracker
- Favorite Podcasts

- Things That Make Me Laugh
- My Ideal Day
- Journaling Prompts
- Personality Type Spread
- Bad Habits To Break
- Screen Time Usage
- My Miracle Morning

HEALTH AND FITNESS

- Meal Planning
- Grocery Shopping List
- Healthy Foods List
- Smoothie Recipes
- Healthy Recipes
- Habit Tracker
- Calories Tracker
- Healthy Snacks
- Weight Loss Tracker
- Annual Workout Log
- Workout Tracker
- Monthly Workout Challenges
- Energy Tracker
- Water Consumption Log
- Step Count Tracker
- Gym Class Schedule
- Sugar / Coffee / Alcohol Free Days Tracker

- Body Measurements
- Progress Pictures Spread
- Diet Plan
- Go-to Meals
- Foods To Avoid
- Sleep Tracker
- Supplements Tracker
- Period Tracker
- Doctor Appointments
- Yoga Poses to Relieve Pain
- Pain Tracker

WORK RELATED

- Project Planner
- Deadlines
- Client Meetings
- Work Schedule
- Team Building Activities
- Sick Day/Vacation Leave
- Late to Work
- Work Extra Hours
- Coworkers Info
- Continuing Education
- Monthly Statistics
- Work Goals
- Dream Job
- Headhunter Contacts

- Skills To Improve On
- Business Plan Ideas
- Professional Development Plan

PLANNING

- Year Overview
- Month | Weekly | Daily Spread
- Monthly Calendar
- Monthly / Yearly Review
- Mind Map
- Deadlines
- Birthday Calendar
- Holiday Calendar
- Monthly To Do
- Project Planner
- Future Project List
- Brain Dump
- Master List

ENTERTAINMENT

- Books I've Read
- Books To Read
- Book Review
- Summer Reading List
- Top Books This Year
- Movies To Watch
- Watched Movies
- Movies Review Page

- TV Show Tracker
- TV Shows To Watch
- Concert Venue Schedule
- Watch Schedule
- Quotes from Favorite Books
- Song Of The Week
- My Favorite Songs
- Playlist of the Month
- New Things To Try
- Favorite Books
- Favorite Movies
- Sports Games Tracker
- Award Show Predictions
- TV Show Premiere Dates
- Favorite Board/Cellphone Games
- Date Night Ideas
- Restaurants To Try
- Essential Oils Tracker
- Monthly Local Events
- Favorite Websites

HOME & FAMILY

- Cleaning Routine
- Spring Cleaning Checklist
- Dream Home
- Chore List / Tracker
- Seasonal House Chores
- Konmari Checklist
- Freezer Inventory
- Emergency Contacts List
- House Improvement Project
- House Wish List
- Seasonal Produce List
- House Maintenance Tracker
- Yard Work
- Appliances Warranty Tracker
- Spices Collection
- Big Purchase Compare Chart
- Food and Wine Pairing Cheat Sheet
- Family Contacts
- Neighbors Contact Information
- Spring Cleaning Schedule

- Summer Bucket List
- Family Activities List
- Home Maintenance Tracker
- Laundry Schedule
- When did I last
- Holiday Gift Ideas
- Holiday Planning
- Birthday Tracker
- Family Tree
- Vehicle Maintenance

KIDS

- Things My Kids Say
- Kids Doctor Appointments
- Vaccinations Tracker
- Baby Name Ideas
- Baby's Firsts
- Lunchbox ideas
- School Schedule
- Allergies
- Community Events For Kids
- School Contact Information
- Bedtime Stories
- Potty Training Schedule
- Clothes Inventory
- Kids Chore List

- Chore Reward System
- Babysitters
- Kid's Sports Schedule
- Kids Movie Tracker
- Kids Favorites
- Bedtime Routine Checklist
- School Shopping List

PETS

- Pet Name Ideas
- New Pet Research
- Vet Appointments
- Grooming Appointments
- Pet's Favorite Treat
- Feeding Schedule
- Walking Log
- Training Schedule
- Potty Training
- Pet Growth Spread
- Dog/Cat sitter

SCHOOL

- Class Schedule
- Semester Log
- Study Tracker
- Sleep Tracker
- Study Motivation
- Grade Tracker
- Exam Tracker
- Homework Tracker
- Study Load Tracker
- Study Plan
- Assignments Calendar
- Required Reading
- School Project Planner
- Books to Buy
- Professor Office Hours
- School Year Countdown

FINANCES

- Savings Tracker
- Savings Challenge
- Daily Spendings Tracker
- Days With Less Than 10 USD Spent Tracker
- Monthly / Weekly / Daily Budget
- Investment Tracker
- Bills Log

- Tax Information
- Income And Outgoing Money Tracker
- Things To Sell
- Things To Save Up On
- Monthly Coupons
- Household Finance Information
- Online Discount Coupons
- Credit Card Tracker
- Subscription Services
- Donations

TRAVEL

- Places Visited
- Places To Visit
- Packing List
- Sights To See
- Food To Try
- Travel Budget
- Trip Memories
- Countdown
- Hiking Trails
- Itinerary
- Packing List
- Weekend Getaway Ideas
- Car Games Ideas
- Souvenirs For Loved Ones List

- Shopping List (to buy during the trip)
- To Prepare For The Trip
- To Finish Before The Trip
- Saving For Travel Tracker
- National Parks To Visit

PAGES ABOUT BUJO

- Pen Swatch
- Spread Ideas
- Spreads To Have Next Month
- Dream Stationery List
- Working Space Organisation Ideas
- Washi Tape Swatches
- BuJo Theme Ideas
- Color Wheel
- Brush Lettering Practice
- Frames And Other Decorative Elements
- Themed Doodle Pages
- New Techniques To Try

- Headers Design Ideas
- Bullet Journal Icons Ideas
- Mandala Design Ideas
- Lettering Styles
- Lettering Challenges
- Handwriting Practice Spread
- Pen Collection Tracker
- Where To Get Free Printables

- Dances To Learn
- Yarn Collection
- Collectibles Tracker
- Favorite YouTube Channels
- Blogs To Read (don't forget to add here mashaplans.com ;)
- Instagram Inspirational Accounts
- Bible Study
- Favorite Bible Verses
- Crafts To Try

- Cookbooks Wish List
- Cocktail Recipes
- Facts About Me
- Horoscopes
- Favorite Perfumes
- Capsule Wardrobe
- Tattoo Ideas
- Hair Growth Tracker
- Life Milestones

HOBBIES | INTERESTS

- Hobbies To Try
- Golf Scores/Courses Visited
- Local Birds and Wildlife
- Favorite Gardening Supplies
- Makeup Tracker
- Succulent Care Guide
- Tea Collection
- Fantasy Football Tracker
- Best Fishing Bait/Spots
- Farming Seasonal Tracker

MISCELLANEOUS

- Weather Tracker
- Nail Polish Collection
- Alexa Skills
- Good Advice You've Been Given
- Social Media Tracker
- Passwords
- Things To Google
- Amazon Wish List
- Favorite Etsy Sellers
- Snail Mail Tracker
- Online Shopping Tracker