



CLOTHES/ACCESSORIES

✓ QTY.

Underwear

Socks/Stockings

Undershirts/bras

Sleepwear

T-shirts

Dress shirts

Casual shirts

Jeans

Pants

Shorts

Dresses

✓ QTY.

Skirts

Sweaters/sweatshirts

Formal wear (where appropriate)

Swimsuits/cover-ups

Coats/jackets/rainwear

Hats

Gloves

Scarves

Umbrella

Laundry kit (soap/stain remover)

Laundry bag

✓ QTY.

Leisure shoes

Hiking/athletic shoes

Walking shoes

Dress shoes (suitable for dancing)

Sandals/flip-flops

Belts

Ties

Jewelry (if valuable, put in carry-on)

Purses

Collapsible totes

Under-clothing document holders



TOILETRIES

Toothbrush

Toothpaste

Dental floss

Soap

Deodorant

Shampoo/conditioner

Brush/comb

Hairstyling tools

Face cleanser

Face lotion/gel/etc.

Sunscreen

Moisturizer

Contact lenses/solution

Shaving supplies

Makeup

Makeup remover

Feminine-hygiene products

Birth control

Nail file/clippers

Tweezers

Hand sanitizer

Bandages

First-aid ointment

Insect repellent

Medications

Pain relievers

Vitamins



MISC.

Cell phone

Laptop/tablet

Electronic chargers

Plug adaptor

Binoculars

List of medications

Emergency contacts

Credit-card/bank contacts

Copies of passport/creditcard/etc.



CARRY-ON

Books or e-books

Video/music player

Earbuds/headphones

Pashmina/travel blanket

Travel pillow

Ear plugs/eye mask

Tissues

Lip balm

Change of clothes

Food/snacks/gum

Empty water bottle (fill post-security)

In-flight medications

Valuables, such as jewelry

Camera w/memory card

Passport/visa/ID

Paper/pen

Cash

Credit/ATM cards

Insurance cards (medical/travel)

Itinerary

Maps/directions

Guidebook

Address book

House/car keys